Year 8 students should use this booklet to help with their workload this year.

**Test Preparation**

**Organisational skills**

**Learning Styles Questionnaire**



**Managing homework**

**Listening skills**

**Transition:**

**Lots of teachers**

**Lots of subjects!**

 **Self-Evaluation**

**Study place**

**Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Class: \_\_\_\_\_\_\_\_\_**

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This questionnaire will help you discover what kind of learner you are. Read each row and tick the ONE option that is most like you. (<http://www.brainboxx.co.uk/a3_aspects/pages/vak_quest.htm>)

**Learning Preference Questionnaire**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| blackboard | A. I prefer lessons where we can discuss things. | V. I prefer lessons where there is something to look at (like a picture, chart, diagram or video) or something to draw. | K. I prefer lessons where we can do something practical – or at least move around. |  |
| paperclips | K. I often fiddle with things in class (a pen, paper clip or rubber band.) | A. I often sing or hum to myself in class. | V. I often doodle in class. |  |
| juggleboy | K. When learning a new skill, I prefer to just get on with it. | A. When learning a new skill, I prefer someone to explain to me how to do it. | V. When learning a new skill, I prefer to watch someone else show me how to do it. |  |
| tellyad | V. When the adverts come on the telly – I like to watch them. | K. When the adverts come on the telly – I get up and do something. | A. When the adverts come on the telly – I like to sing along with them. |  |
| discinter | A. I would prefer to listen to a story. | V. I would prefer to see a comic strip of a story. | K. I would prefer to act out a story. |  |
| memory | K. I am good at learning physical skills. | A. I have a good memory for people’s names. | V. I have a good memory for faces. |  |
| teacher | V. I prefer teachers who use diagrams to show us things. | K. I prefer teachers who get us to do something. | A. I prefer teachers who explain things to us. |  |
| catapult | A. If I get in trouble in class, it’s for talking. | V. If I get in trouble in class, it’s for drawing on the desk or all over my books. | K. If I get in trouble in class it’s for fidgeting. |  |
| journey | V. On a long journey I like to look at the scenery or read a book. | K. On a long journey I can’t wait until we stop so I can walk around. | A. On a long journey I like to listen to music or talk to the other travellers. |  |
| gestures | K. I use my hands a lot when I am talking. | A. When I am discussing something, I sometimes use words my friends don’t know. | V. When I am discussing something, I like to doodle. |  |
| mike | K. If I could be famous, I would be a sports-person (or dancer). | V. If I could be famous, I would be a film-star. | A. If I could be famous, I would be a singer. |  |
| snowballs | K. I would rather go outside and play. | V. I would rather watch my favourite TV programme. | A. I would rather listen to my favourite music. |  |
| window | V. I get distracted in class if I can see something outside the window. | A. I get distracted in class if I can hear something happening outside. | K. I lose concentration if I have to sit still for a long time. |  |
| bigbrush | V. I am good at drawing. | K. I am good at making things. | A. I am a good listener. |  |
| headphones | A. Out of these 3 jobs - I would prefer to be a radio DJ (or presenter) | K. Out of these 3 jobs - I would prefer to be a mechanic. | V. Out of these 3 jobs - I would prefer to be an artist (or designer). |  |
| rugby | K. In my spare time I would prefer to do something physical, such as sport or dancing. | V. In my spare time I would prefer to watch TV or a video. | A. In my spare time I would prefer to listen to music or chat with friends. |  |
| rubik | V. The type of puzzle I would prefer is "Spot the difference". | A. The type of puzzle I would prefer is "Name that tune". | K. The type of puzzle I would prefer is "Rubik's cube". |  |
| lego | A. If I needed to build a Lego model, I would get someone to explain how or to read the instructions to me. | K. If I needed to build a Lego model, I would try to work out which bits fit together. | V. If I needed to build a Lego model, I would follow the diagram or the picture on the packet. |  |

**When you have ticked one option in each row, circle the appropriate letter in the right-hand column,** **and then count up how many of each letter you scored.**

|  |  |  |
| --- | --- | --- |
| **Learning Preference** | **I have scored…** | **I am mostly…** |
| If you scored mainly V's, you are a **VISUAL** learner. |  |  |
| If you scored mainly A's, you are an **AUDITORY** learner. |  |
| If you scored mainly K's, you are a **KINAESTHETIC** learner. |  |

**Visual learners** prefer to:

* Draw pictures and diagrams
* Colour code their work
* Use different coloured paper, pens etc.
* Use their own system of symbols etc.
* Create images and scenes in their minds

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**Auditory learners** prefer to:

* Say their work aloud
* Give presentations to an imaginary audience
* Record notes on a phone or iPad
* Use silly noises to remember things
* Hear the information in their mind
* Play instrumental music

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**Kinaesthetic learners** prefer to:

* Do actions when learning key facts
* Walk about when learning
* Find it harder to sit at a desk
* Add emotions and textures to exaggerate information
* Try to experience what they are learning

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**Organisational Skills**

In order to study effectively it is important to be organised. Make sure you have the books and equipment you need to study.

* Folders
* File Dividers
* Poly Pockets
* Paper
* Pens
* Pencils
* Highlighters
* Rubber
* Protractor
* Compass
* Colouring Pencils
* 30cm Ruler
* Scissors
* Glue
* Calculator
* Sharpener
* Dictionary
* Thesaurus

**How organised are you?**

(Please tick)

* Very organised
* Organised
* Not organised

**Managing Homework**

What could you be asked to do for homework?

Some examples include:

* Written tasks
* Research and reading tasks
* Learning
* Creative (making and designing)
* Group work
* Reading for enjoyment, for further development or reading for research

***Top Tips for doing homework!***

* Always record the information in your homework diary

E.g. French – write out vocabulary about my family, into vocabulary book. Due: Monday 28th September.

* Always try to complete homework tasks when they are set

E.g. particularly subjects you only have once a week.

* Always place a tick against tasks when completed
* If you are unsure about a question, ask for help
* Show your homework to a parent/guardian and let them see how well you are doing
* ALWAYS complete homework to the best of your ability
* Don’t make excuses for not doing your homework!

**How could I improve my homework?**

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**How long do you spend doing homework?**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Where can I get help?**

**Maths Apps/Websites**

**Activity Booklets**

**Peers**

**Family Members**

**Teachers**

**Study Place**

**WHEN?**



**WHERE?**



**HOW? WHAT?**

**How do you study?**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Test Preparation**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |

1. Create a revision timetable…
2. **WARM UP**
* To get your brain ready for action try doing a few mental stretches:
* Sort out your books/arrange your pens/pencils
* Read through the instructions carefully
* Think about the purpose of the work

**Top Tip:**

Study for 25-30 minutes

Take a 5 minute break

1. **CONCENTRTE**
* **Be active – don’t just sit there!**
* **Now work hard**
* Draw the diagram
* Complete the exercises
* Make the notes
* Plan the answer
1. **COOL DOWN**

Check how you have done

* Proof read your work – check spellings
* Test yourself or ask some-one to test you
* Assess what you have achieved

**Notes Page**

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